

# Claims

- [c1] A computer workstation comprising:
- a substantially flat work surface;
  - an opening in the substantially flat work surface;
  - a base hingeably coupled to the work surface having a first side and a second side, the base having a retracted position and a deployed position, each position representative of the range of hinged movement of the base;
  - a monitor mount having a lower portion affixed coincident to the hinged coupling of the plate whereby the monitor mount is received within the opening in the work surface when the base is in a retracted position and the monitor is oriented perpendicular to the work surface when the base is in a deployed position;
  - at least one or more computing input devices removably affixed to the first side of the base whereby, when the base is in a retracted position, the at least one or more computing input devices are inverted relative to their useable orientation, received within the opening in the work surface and disposed thereunder;
  - a mechanism for delivering the base between the retracted and deployed position.

- [c2] The workstation of claim 1 wherein the mechanism for delivering the base between the retracted and deployed position is an electric motor.
- [c3] The workstation of claim 1 wherein the mechanism for delivering the base between the retracted and deployed position is a manually operated mechanism.
- [c4] The workstation of claim 1 wherein the mechanism for delivering the base between the retracted and deployed position is a handle.
- [c5] The work station of claim 1 wherein the work station is substantially flush with the work surface when the work station is in the retracted position.
- [c6] The workstation of claim 1 wherein the work station is housed within an outer box.
- [c7] The outer box of claim 6 wherein the outer box is received by the opening cut in the work surface.
- [c8] The monitor mount of claim 1 wherein the monitor mount is adapted to receive a flat panel monitor.
- [c9] A computer workstation comprising a substantially flat work surface, wherein the work station is substantially flush with the work surface when the work station is in the retracted position, an opening in the substantially

flat work surface, a base hingeably coupled to the work surface having a first side and a second side, the base having a retracted position and a deployed position, each position representative of the range of hinged movement of the base, a monitor mount having a lower portion affixed coincident to the hinged coupling of the plate whereby the monitor mount is received within the opening in the work surface when the base is in a retracted position and the monitor is oriented perpendicular to the work surface when the base is in a deployed position, wherein the monitor mount is adapted to receive a flat panel monitor, at least one or more computing input devices removeably affixed to the first side of the base whereby, when the base is in a retracted position, the at least one or more computing input devices are inverted relative to their useable orientation, received within the opening in the work surface and disposed thereunder, and a mechanism for delivering the base between the retracted and deployed position, wherein the mechanism for delivering the base between the retracted and deployed position is chosen from the group consisting of an electric motor, a manually operated mechanism, and a handle.